



WEEK 1

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Dish of the Day

Grilled Hunters Chicken,
BBQ Sauce & Mozzarella
Cheese,
Herby Diced Potatoes

Pork Sausage Meat Pie,
Crispy Sage & Mashed
Potatoes

Slow Cooked Beef &
Winter Vegetable Stew,
Yorkshire Pudding &
Baby Roast Potatoes

Mild Chicken Korma,
Pilau Rice & Poppadoms

Salmon & Cod
Fish Cakes,
Rocket & Caper
Mayonnaise



Roast Spanish Onion,
Pumpkin & Courgette
Paella

Sweet Potato & Butter
Bean Hot Pot

Cheese, Potato & Onion
Pie

Potato Gnocchi,
Sundried Tomato, Olives
& Spinach

Mushroom Stroganoff,
Braised Rice



Dirty Cuban Beef
Burger,
Cheese, Iceberg
Lettuce, Tomato &
Chimichurri Dressing

Mozambique Coconut
Chilli Chicken,
Braised Rice

Mexican Roadside
Chipotle Chicken Burrito

Home Made Meaty
Cornish Pasty,
Fruity Brown Sauce

Southern States Chicken
Burger, Seeded Bun,
Lettuce & Slaw

Vegetables

Green Beans
Roast Sweetcorn
Salad

Baked Beans
Peas
Salad

Mashed Carrot & Swede
Broccoli
Salad

Sautéed Kale
Roasted Spiced
Cauliflower
Salad

Mushy Peas
Buttered Greens
Salad

Dessert of the Day

Selection of Fresh Fruit,
Yogurts, Fruit Pots,
Cakes, Bakes & Cookies

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Yogurts, Fruit Pots,
Cakes, Bakes & Cookies

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Yogurts, Fruit Pots,
Cakes, Bakes & Cookies

Delicious fresh food & drink



Delicious fresh food & drink





WEEK 2



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Dish of the Day	Pasta Bolognese, Garlic Pizza Bread	Cumberland Sausage, Mashed Potato, Gravy & Crispy Fried Onions	Roast Chicken, Rosemary Roast Potatoes, Stuffing & Gravy	Chilli Con Carne, Steamed Rice & Cheesy Nachos	Baked Fish Pie, Topped with Mashed Potato
 Veggie Medley	Butternut Squash, Sage & Feta Cheese Risotto	Roast Vegetable & Potato Goulash, Savoury Rice	Spiced Chickpea & Sweet Potato Cake, Spinach Salad	Nut Free Pesto, Rocket & Roast Onion Spaghetti, Sun Dried Tomato Loaf	Naan Bread Pizza, Tandoori Vegetables & Paneer Cheese
 Street Style	Southern Fried Buttermilk Chicken, Herby Diced Potato & BBQ Sauce	Beef & Tomato Calzone, Mozzarella Cheese	African Volcano Meatball Pasta	Smoked Paprika Chicken & Piri Piri Sausage Paella	Chicken, Stuffing & Vegetable Yorkshire Pudding Wrap
Vegetables	Sautéed Cabbage Sugar Snap Peas Salad	Glazed Carrots Garden Peas Salad	Vegetable Medley Broccoli Salad	Sweetcorn Roast Courgettes Salad	Green Beans Cauliflower Salad
Dessert of the Day	Selection of Fresh Fruit, Yogurts, Fruit Pots, Cakes, Bakes & Cookies	Selection of Fresh Fruit, Yogurts, Fruit Pots, Cakes, Bakes & Cookies	Selection of Fresh Fruit, Yogurts, Fruit Pots, Cakes, Bakes & Cookies	Selection of Fresh Fruit, Yogurts, Fruit Pots, Cakes, Bakes & Cookies	Selection of Fresh Fruit, Yogurts, Fruit Pots, Cakes, Bakes & Cookies

Delicious fresh food & drink



Delicious fresh food & drink





WEEK 3


MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Dish of the Day	Smokey Bacon Carbonara, Rosemary Focaccia	Baked Cottage Pie, Topped with Sweet Potato Mash	Honey Glazed Roast Gammon, Roast Potatoes & Gravy	Beef Lasagne, Rocket & Garlic Ciabatta	Smoked Paprika Chicken, "Patatas Bravas"
 Veggie Medley	Teriyaki Vegetables, Egg Fried Rice	Goats Cheese Tart, Tomato & Rocket	Quorn Mince Cottage Pie	Vegetable Hot Pot, Crusty Wholemeal Baguette	Grilled Halloumi Skewer on Greek Vegetables
 Street Style	Tandoori Chicken Wrap, Lettuce & Mint Yoghurt	Beef Chilli Nachos, Cheese & Salsa Verde	Piri Piri Chicken Flatbread, Harissa Slaw	Hawaiian Pizza	All American Hot Dog, Homemade Ketchup & Mild Mustard
Vegetables	Sugar Snap Peas Sweetcorn Salad	Garden Peas Ratatouille Salad	Carrots Savoy Cabbage Salad	Curly Kale Sweetcorn Salad	Sautéed Greens Peas Salad
Dessert of the Day	Selection of Fresh Fruit, Yogurts, Fruit Pots, Cakes, Bakes & Cookies	Selection of Fresh Fruit, Yogurts, Fruit Pots, Cakes, Bakes & Cookies	Selection of Fresh Fruit, Yogurts, Fruit Pots, Cakes, Bakes & Cookies	Selection of Fresh Fruit, Yogurts, Fruit Pots, Cakes, Bakes & Cookies	Selection of Fresh Fruit, Yogurts, Fruit Pots, Cakes, Bakes & Cookies

Delicious fresh food & drink



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