



Standish Community High School

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Executive Headteacher: Mr A Pollard BA (Hons) MA NPQH
Head of School: Mrs L Barker BA (Hons)
When replying please ask for:

Mrs Jones

29th March 2019

Dear Parent/Carer,

As part of your child's PSHE Programme of Study, he/she will be developing his/her understanding of Sexual Health and Relationships Education.

With the new RSE guidelines impacting schools from September 2020 we have invited Spectrum, a company supported and funded by Wigan Council to deliver an informative and educational RSE programme.

The skills our young people will engage with gives ownership, builds resilience and empowers them to engage with others comfortably. All lessons provide a high quality and outstanding learning experience where knowledge is gained and measured in every session and meet the National Curriculum recommendations and new standards for statutory status for 2020.

The lessons delivered by Spectrum use evidenced based behaviour change techniques which are underpinned with local data around social norms, teenage pregnancy and STI's to make information up to date and relevant.

The topics the students will cover over their 4 week programme are as follows:

- Lesson 1: Relationships
- Lesson 2: Risky behaviour
- Lesson 3: Sexual behaviour
- Lesson 4: Sexual health & substance misuse

All lessons are age appropriate and will be taught in form groups with a member of Standish Community High School staff present at all times.

Should you feel that you need more information about the sessions, Spectrum have a parents section on their website that you can visit. (www.spectrumhealth.org.uk) Alternatively, Mrs Jones, Head of PSHE would be happy to speak to you.

Yours sincerely

L Barker
Head of School